

The Tibet Healthcare Project

www.tibethealthcare.com



In Tibetan areas of China, the majority of people can't afford healthcare. We aim to improve the health and quality of life of impoverished people within the Yushu Prefecture by providing access to free healthcare. We use local Tibetan clinicians and western volunteers to deliver our services. Our projects are based in a purpose-built hospital which was completed in 2006. We offer the following disciplines:



Optician

Eye examinations, spectacles, eye drops and sponsored operations



Midwife

Sex education, pre-natal care, delivery and post-natal care



Dentist

Dental examinations, treatment and prevention (toothbrush/toothpaste)



Other

Road safety education and general health education



Sponsor a Clinician

(Annual Target £1,730, Fund: 7673)

To maximise use of our hospital throughout the year we have focussed on recruiting local clinicians. We have selected a highly respected local ophthalmologist to perform eye examinations and detect/treat eye disease. She will run a weekly clinic throughout the year. We are also in the process of recruiting a highly qualified nurse/midwife to give advice on women's health and sex education/contraception to the ROKPA orphanage students and local people as well as assisting in pre-natal care, delivery and post-natal care. We aim to recruit a part-time dentist in 2008.



Sponsor a Student

(Annual Target: £2,160, Fund: 7674)

We are currently sponsoring the education of six Rokpa Orphanage school students; two to study optometry, two to study dentistry and two to study midwifery. Their studies will take six years and upon qualification, they will work in our hospital for at least three years after which they can return to their own villages and set up clinics. In addition they will train the next generation of orphan students to enable true self-sufficiency.



Optician, Dentist and Midwife

(Annual Target: £1200, Fund: 8011)

Ongoing funding is required to purchase spectacles, toothbrushes/toothpaste, dentures, disposable gloves and sponsor operations locally.

£11 funds the eye clinic for one day (in which time we can see and treat 30 patients)

£30 would sponsor the higher education of one of our six students for a month

£360 would sponsor the higher education of one of our students for a year

£100 would employ a full-time midwife for a month to save lives and reduce infant mortality

£1,200 would employ a full-time midwife for a year to save lives and reduce infant mortality

The Tibet Healthcare Project was founded in 2004 by UK Optometrist Christian Dutton. The Project is affiliated with Rokpa, a registered charity (no. 1059293) and is entirely funded by kind donations from individual and corporate sponsors. Maximum administration costs are 10% (often 0% as the Project Founder pays many of these personally).

Rokpa UK Overseas Projects, Kagyu Samye Ling, Eskdalemuir, Langholm, Dumfriesshire, DG13 0QL