

Tibet Healthcare Project Newsletter 2

Welcome to the second edition of the Tibet Healthcare Project newsletter; all this information and more can be found on our new and improved website: www.tibethealthcare.com

This was our second year of volunteer clinics in the hospital built by your kind donations ([read more](#)).

Past Projects

Optician

In 2007 we continued to deliver free eye care to the poor people who need it the most. This year we had a team of 3 optometrists: Christian Dutton, Rasmeet Chadha and Gohar Beint. We saw over 500 patients, distributed in excess of 1000 pairs of spectacles and sponsored 15 operations. Many people were referred for free cataract surgery by SEVA ([read more](#)).

This year we had many patients from Nangchen County and some from Zhiduo County which shows that people from all around the Yushu Prefecture are aware of our clinic and are willing to make the journey for free health care. Now that we are keeping patient records on file, we are able to offer a higher standard of clinical care.

Dentist

This project has been re-launched after six years. Dr. Antonella Guggenheim kindly ran this year's dental clinic and introduced an oral health education programme with great success. We are in the process of purchasing and installing modern dental equipment (including a chair, drills, air compressor etc). Dr. Ian Dutton plans to lead a team of volunteers next year ([read more](#)).

Current Projects

Sponsor a Clinician

To maximise use of our hospital throughout the year we have focussed on recruiting local clinicians. We have selected a highly respected local ophthalmologist to perform eye examinations and detect/treat eye disease. She will run a weekly clinic throughout the year ([read more](#)). We are also in the process of recruiting a highly qualified nurse/midwife to give advice on women's health and sex education/contraception to the ROKPA orphanage students and local people as well as assisting in pre-natal care, delivery and post-natal care ([read more](#)).

Sponsor a Student

Another project we have focussed on this year is sponsoring students' higher education. We have selected six Rokpa Orphanage school students; two to study optometry, two to study dentistry and two to study midwifery. Their studies begin this month and will take six years and upon qualification, they will work in our hospital for at least three years ([download more information](#)).

Thank You

I would like to extend my deepest heartfelt thanks to everyone who supported the Tibet Healthcare Project in 2007. We were able to give sight and dental treatment to a large number of people who had virtually no money. All the patients were very grateful; many were tearful with joy when they could see well for the first time in many years and be free of dental pain. One patient wrote the team a beautiful poem ([download the poem](#)). The whole project was a team effort and was only possible because of the generosity of our sponsors and volunteers. Please always try to remember what a wonderful thing you have done.

I Want to Help

To ensure the success and self-sufficiency of this Project, please consider making a donation or organising a fundraising event.

- £11 funds the eye clinic for one day (in which time we can see and treat 30 patients).
- £30 would sponsor the higher education of one of our six students for a month.
- £360 would sponsor the higher education of one of our students for a year.
- £100 would employ a full-time midwife for a month to save lives and reduce infant mortality.
- £1200 would employ a full-time midwife for a year to save lives and reduce infant mortality.

Please Donate Now

With many thanks and best wishes on behalf of all our patients,

Christian Dutton BSc (Hons.) MScClinOpt MCOptom
Project Founder

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