

Welcome to the first Tibet Healthcare Project newsletter!

I hope you are well. Thank you for your continued support and generosity which has enabled us to give sight to almost 3000 people since 2004. We have set ourselves some challenging but achievable targets for 2007 and sincerely hope these projects will succeed with your help. Please consider making a donation.

For more information, please visit our fantastic new website at <http://www.tibethealthcare.com/>

Our 2006 achievements

- **Hospital built in Yushu, Tibet**
Our two storey hospital will provide free medical, dental, optometric and midwife/women's health care to the students within the ROKPA orphanage school and the poor people within the Yushu Prefecture. The clinic will also be a teaching and research centre for the local ROKPA medical students, supported by western healthcare practitioners. [Read more.](#)
- **The First group of volunteer optometrists participated in the Eyecare Project**
There was a team of four optometrists this year so we were able to work to higher clinical standards than in previous years and see a greater number of patients. 1232 patients were seen and over 2500 free pairs of spectacles were distributed. [Read more.](#)

Our 2007 objectives

- **Eyecare Project 2007** (Target £700, Fund 8011)
Three optometrists will participate in this year's project. We leave in August. [Read more.](#)
- **Sponsor a Rokpa orphanage student to degree level** (Target £1,800, Fund 7674)
Educate six Rokpa orphanage students to degree level in Optometry, Dentistry and Nursing (two students in each discipline). Upon qualification, each student will commit to work in the clinic for three years after which they can return to their own villages and set up clinics. In addition they will train the next generation of orphan students to enable true self-sufficiency. Western volunteers will supplement their knowledge and skills base with periodic visits. [Read more.](#)
 - £25 per month will fund a student's university education (including all expenses: travel, fees, accommodation, food, books etc.)
- **Sponsor a local clinician to work in our hospital** (Target £1,850, Fund 7673)
By sponsoring a group of local clinicians we can ensure the hospital building is used throughout the year. In the future the clinicians will be replaced by Rokpa students who we will sponsor to degree level. The Rokpa orphanage students will be given the opportunity to gain knowledge and work experience from the clinicians. [Read more.](#)
 - £70 per month will fund a full-time nurse/midwife to protect the health of the Rokpa Orphanage students and provide advice to the impoverished lay people in an area where infant mortality is exceptionally high and contraception/women's health are highly taboo
 - £12 per month will fund twelve clinic sessions for a year (four dental, optical and medical)

Making a donation is simple through [Rokpa UK's website](#). You can donate online or print out a donation form. You can make a single payment or regular monthly payments. ROKPA International charge a 10% administration fee on all donations. I will personally pay the administration fee so that every penny you donate goes to the people who need help.

If 30 people gave just £10 per month these life-changing projects would reach their full potential. Please help these projects to succeed and forward this newsletter to anyone who might be able to help.

[PLEASE DONATE NOW](#)

With heartfelt thanks,

Christian Dutton BSc (Hons.) MCOptom
Founder, Tibet Healthcare Project

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